



CBS Thurles Primary Schools Cross County Competition



Thurles Crokes

Friday 4th March

We are delighted that you have registered your students for the Primary Schools Cross Country Competition.

24 schools taking part	16 races	First race @ 10:30
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- Collect your registration envelope from the admin desk at the entrance of the hall.
- The registration envelope will have a unique number to place (stick) on each athlete's top.
- The registration fee is €1 per athlete and can be paid at the Admin desk.
- Each school will be designated a colour, either **BLUE** or **YELLOW**
- Your school will compete in **BLUE** or **YELLOW** races, not both

The races are as follows

Race 1	3 rd Class Girls Blue	3rd & 4th Class 800m Medals for first 10 place finishers
Race 2	3 rd Class Girls Yellow	
Race 3	3 rd Class Boys Blue	
Race 4	3 rd Class Boys Yellow	
Race 5	4 th Class Girls Blue	
Race 6	4 th Class Girls Yellow	
Race 7	4 th Class Boys Blue	
Race 8	4 th Class Boys Yellow	
Race 9	5 th Class Girls Blue	5th & 6th Class 1000m Medals for first 10 place finishers
Race 10	5 th Class Girls Yellow	
Race 11	5 th Class Boys Blue	
Race 12	5 th Class Boys Yellow	
Race 13	6 th Class Girls Blue	
Race 14	6 th Class Girls Yellow	
Race 15	6 th Class Boys Blue	
Race 16	6 th Class Boys Yellow	

Start

At the start of each race you must line up your athletes, putting your **strongest** runners to the **front**. We will call schools up to the start at the very last minute. Please do not gather at the start line before you are called.

Finish

At the end of each race there will be a finishing line clearly sign posted. The finish line will be marked with 2 flags or a line. The first ten finishers will be presented with their medals following each race.